



ISPP SEMESTER 2/2019: (G1 - G12) LUNCH MENU 2

	ASIAN	WESTERN	NOODLE SOUP	SALAD BAR
MONDAY	Honey Soy Chicken H Beef with Garlic Sauce GF Roasted Eggplant with Tofu & Soy Sauce V Steamed rice	Chicken Creamy Mushroom Bake H Pasta Bolognese Roast Potatoes Broccoli	Fish Cake H GF	Assorted Salad and Fresh Fruit
TUESDAY	Grilled Chicken, Tamarind Sauce H GF Fried Pork with Baby Corn & Snow Peas Crispy Noodles, Vegetables & Tofu V Steamed rice	Roasted Pork Cranberry Sauce GF Fish Beurre Blanc Sauce H GF Zucchini & Cherry Tomato Scallop Potatoes	Beef Pho GF	Assorted Salad and Fresh Fruit
WEDNESDAY	Crispy Fish With Garlic H Sweet & Sour Chicken H Braised Black Mushroom with Bok Choy V Steamed rice	Balsamic Chicken Mozzarella Bake H GF Sausage Pasta Bake H Diced Mixed Vegetables Mashed Potato	Minced Chicken H GF	Assorted Salad and Fresh Fruit
THURSDAY	Crispy Ginger Beef Fried Chicken, Chinese Mushroom H GF Ma Po Egg Bean Curd V Steamed rice	Roast Chicken Mustard Sauce H GF Mexican Pork Chilli GF Glazed Carrots Lyonnais Potatoes	Khmer Fish Gravy H GF	Assorted Salad and Fresh Fruit
FRIDAY	Deep Fried Fish Mango Salsa H GF Chilli Chicken Stir Fry H BBQ Tofu V Steamed rice	Crispy Chicken H Fish With Cream Sauce H Mixed Vegetables Hand Cut Chips	BBQ Pork Wonton GF	Assorted Salad and Fresh Fruit

H = HALAL GF = GLUTEN FREE V = VEGETARIAN