



ISPP SEMESTER 2/2021: EY / KG LUNCH MENU 1

	SET LUNCH A	SET LUNCH B (VEGETARIAN)	SALAD and FRESH FRUITS
MEATFREE MONDAY	Vegetable Omelet Steamed Rice Broccoli	Vegetable Omelet Steamed Rice Broccoli	Assorted Salad and Fresh Fruit
TUESDAY	Grilled Pork with BBQ Sauce Potato Wedges Grilled Corn	Tofu with BBQ Sauce Potato Wedges Grilled Corn	Assorted Salad and Fresh Fruit
WEDNESDAY	Honey Lemon Chicken H Steamed Rice Zucchini & Tomatoes	Stir Fried Noodles with Tofu Zucchini & Tomatoes	Assorted Salad and Fresh Fruit
THURSDAY	Beef with Onion GF Mashed Potato Glazed Carrots	Stewed Tofu Egg Fried Rice GF Glazed Carrots	Assorted Salad and Fresh Fruit
FRIDAY	Chicken Fingers H Hand Cut Chips Diced Mixed Vegetables	Veggie Cutlet Hand Cut Chips Diced Mixed Vegetables	Assorted Salad and Fresh Fruit

H = HALAL GF = GLUTEN FREE